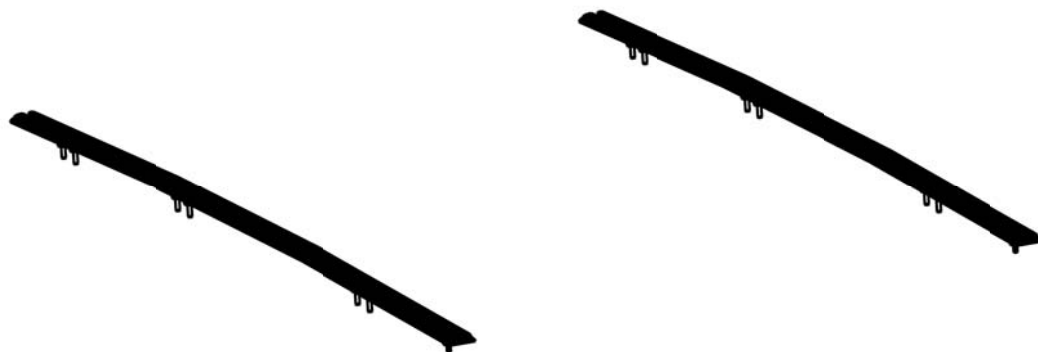




INSTALL TIME: 1.5 hours



1 GET ORGANIZED

you will need:

- ☐ a Toyota Prado VX
- ☐ a measuring tape
- ☐ a white marker or other suitable marking pen
- ☐ a 4 mm & 5 mm Allen key
- ☐ a 10 mm & 12 mm flat wrench and socket wrench
- ☐ a drill machine
- ☐ a 4 mm and 9 mm drill bit
- ☐ insulation or masking tape
- ☐ a tube of silicone
- ☐ a clinch nut tool
- ☐ a utility knife
- ☐ a pair of side cutters
- ☐ a panel tool or flat screw driver

...CONT'D

IMPORTANT WARNING!

IT IS CRITICAL THAT ALL FRONT RUNNER RACKS AND ACCESSORIES BE PROPERLY AND SECURELY ATTACHED TO YOUR VEHICLE. IMPROPER ATTACHMENT COULD RESULT IN AN AUTOMOBILE ACCIDENT, AND COULD CAUSE SERIOUS BODILY INJURY OR DEATH TO YOU OR TO OTHERS. YOU ARE RESPONSIBLE FOR SECURING THE RACKS AND ACCESSORIES TO YOUR CAR, CHECKING THE ATTACHMENTS PRIOR TO USE, AND PERIODICALLY INSPECTING THE PRODUCTS FOR ADJUSTMENT, WEAR, AND DAMAGE. THEREFORE, YOU MUST READ AND UNDERSTAND ALL OF THE INSTRUCTIONS AND CAUTIONS SUPPLIED WITH YOUR FRONT RUNNER PRODUCT PRIOR TO INSTALLATION OR USE. IF YOU DO NOT UNDERSTAND ALL OF THE INSTRUCTIONS AND CAUTIONS, OR IF YOU HAVE NO MECHANICAL EXPERIENCE AND ARE NOT THOROUGHLY FAMILIAR WITH THE INSTALLATION PROCEDURES, YOU SHOULD HAVE THE PRODUCT INSTALLED BY A PROFESSIONAL INSTALLER SUCH AS A QUALIFIED GARAGE OR AUTO BODY SHOP.

1

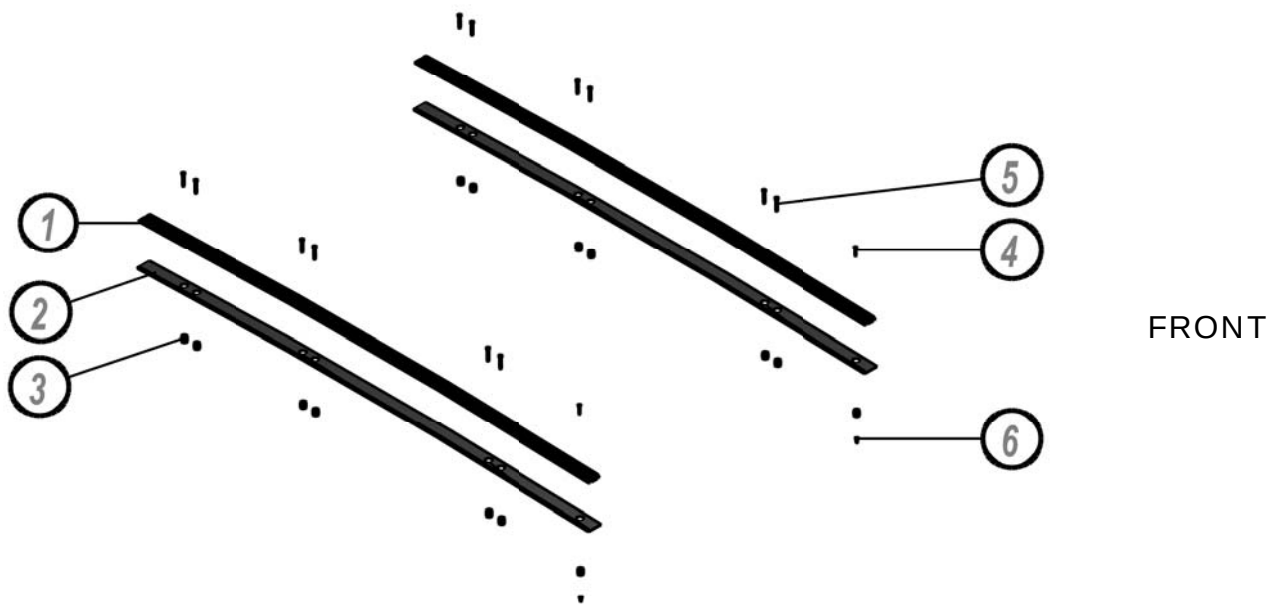
GET ORGANISED

...CONT'D

Here is what you are looking at:

Item	Quantity	DESCRIPTION
1	2	ROOF TRACK
2	2	RUBBER RAIL LINING PRADO
3	14	SPACER
4	2	SOCKET HD COUNTERSINK SCREW; M6x35
5	12	SOCKET HD COUNTERSINK SCREW; M8x50
6	2	RIVNUT M6

BACK



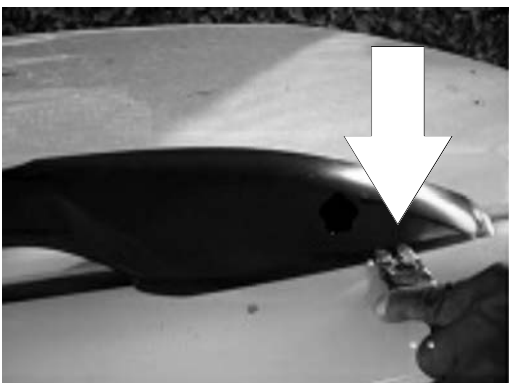
B)

Familiarize yourself with the parts and then step away from the work area and read through these instructions from beginning to end. Grab a cup of coffee and take a moment. A little prep now may save you a lot of time later

2 REMOVE ORIGINAL TRACK

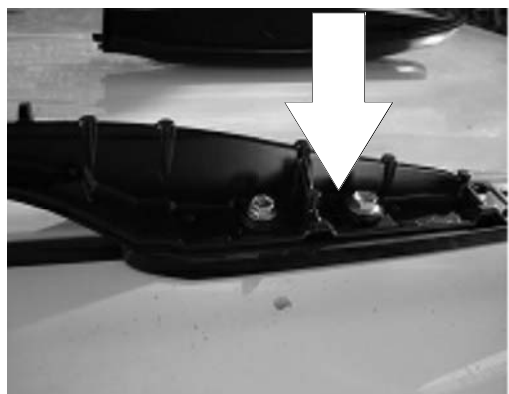
A)

Using your panel tool remove the plastic cover on original rack, front, middle and rear. This will be repeated for the other side.



B)

Once all covers are removed, loosen the bolts with the 12 mm socket for the front and rear. A 10 mm socket for the middle. Remove the bracket. Repeat for other side and remove rails.

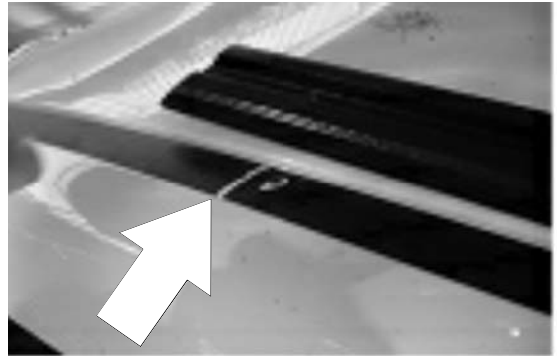


A)

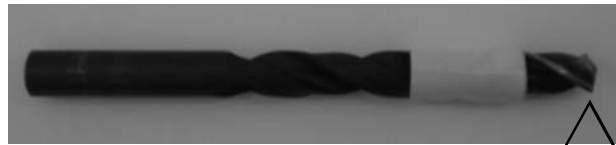
NOTE: Look at the track you will see there is a side which has 2 holes, this is the back. The single hole is at the front of the vehicle. Repeat this for the other side.

**B)**

At the front, take your marking pen and mark where your single hole is. Then mark 10 mm from the hole towards the front of the vehicle and mark a line.

**C)**

With your 4 mm drill bit, drill a pilot hole 10 mm deep. Refer to picture of how drill bit is marked with tape. Once pilot hole is drilled, change the bit to the 9 mm bit and drill only 10 mm deep.



10 mm from tip of
drill bit to start of
tape.

D)

Lift the rubber out of roof channel, then take your side cutter and cut the rubber on the line you marked. Repeat on the other side.

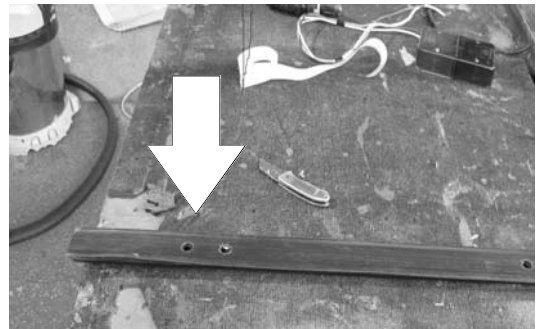


3**INSTALL TRACK Cont...****E)**

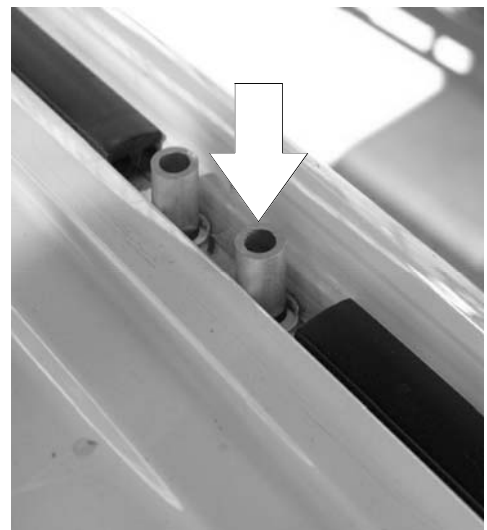
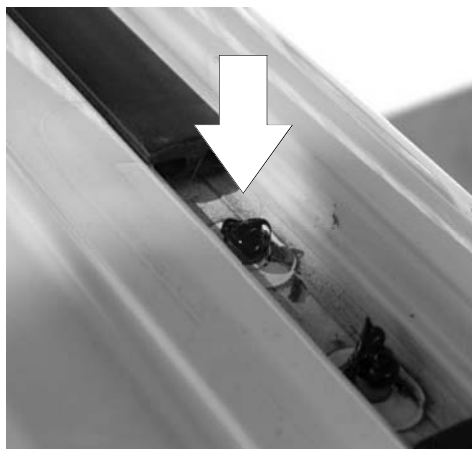
Using the clinch nut tool, insert the M6 clinch nut in the hole and crimp the clinch nut. Repeat this on the other side.

**F)**

Remove the double sided tape on track and fit rubber to the rail, making sure the holes line up.

**G)**

On the roof put silicone in each hole. Then place a spacer on top of each hole. Repeat for the other side.



3

Install Track cont

H)

Take the rail and place on the roof, line up the front single hole and hand tighten the M6 bolt. Put in the other M8 bolts .Repeat this on the other side.

**I)**

Once all bolts are in, tighten with your 4 mm and 5 mm allen key.



Congratulations, you have completed the track installation.

4

INSTALL YOUR RACK OR LOAD BARS.

See the specific install guides.

Modifying your vehicle involves some risks and may void certain aspects of your vehicle's warranty.

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